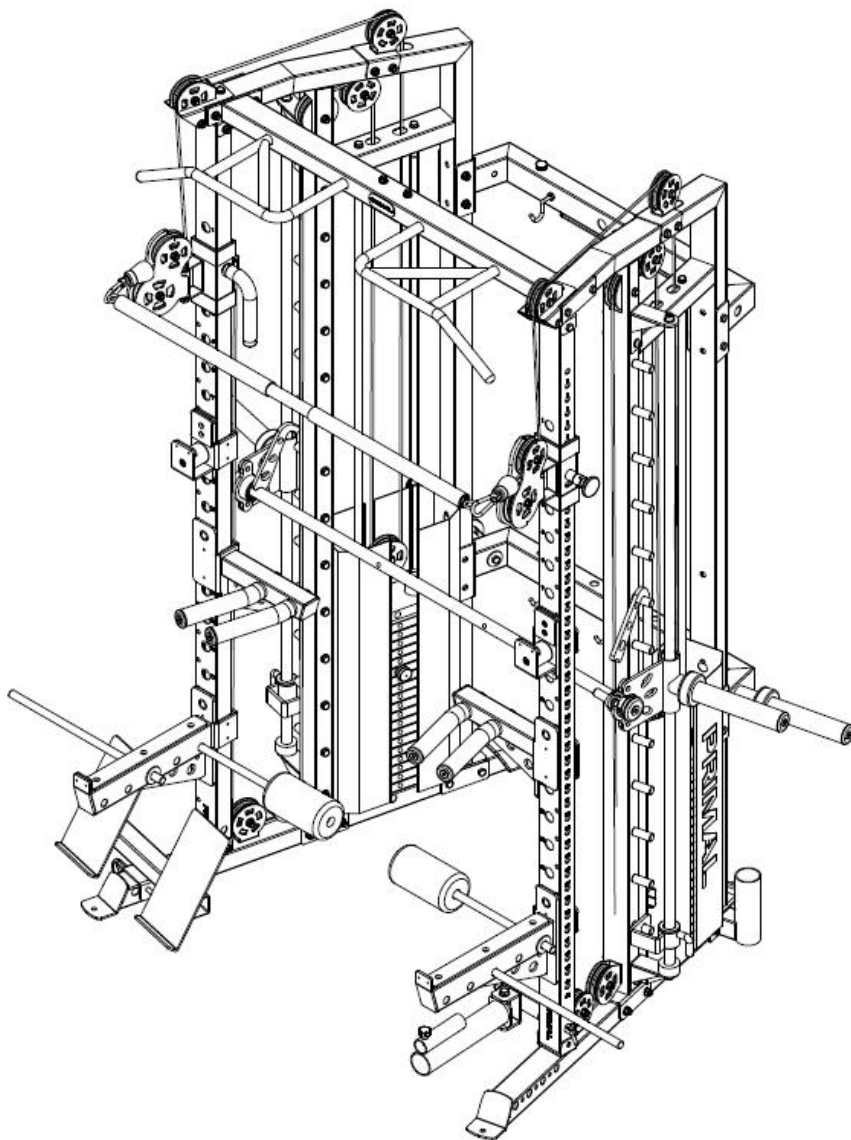


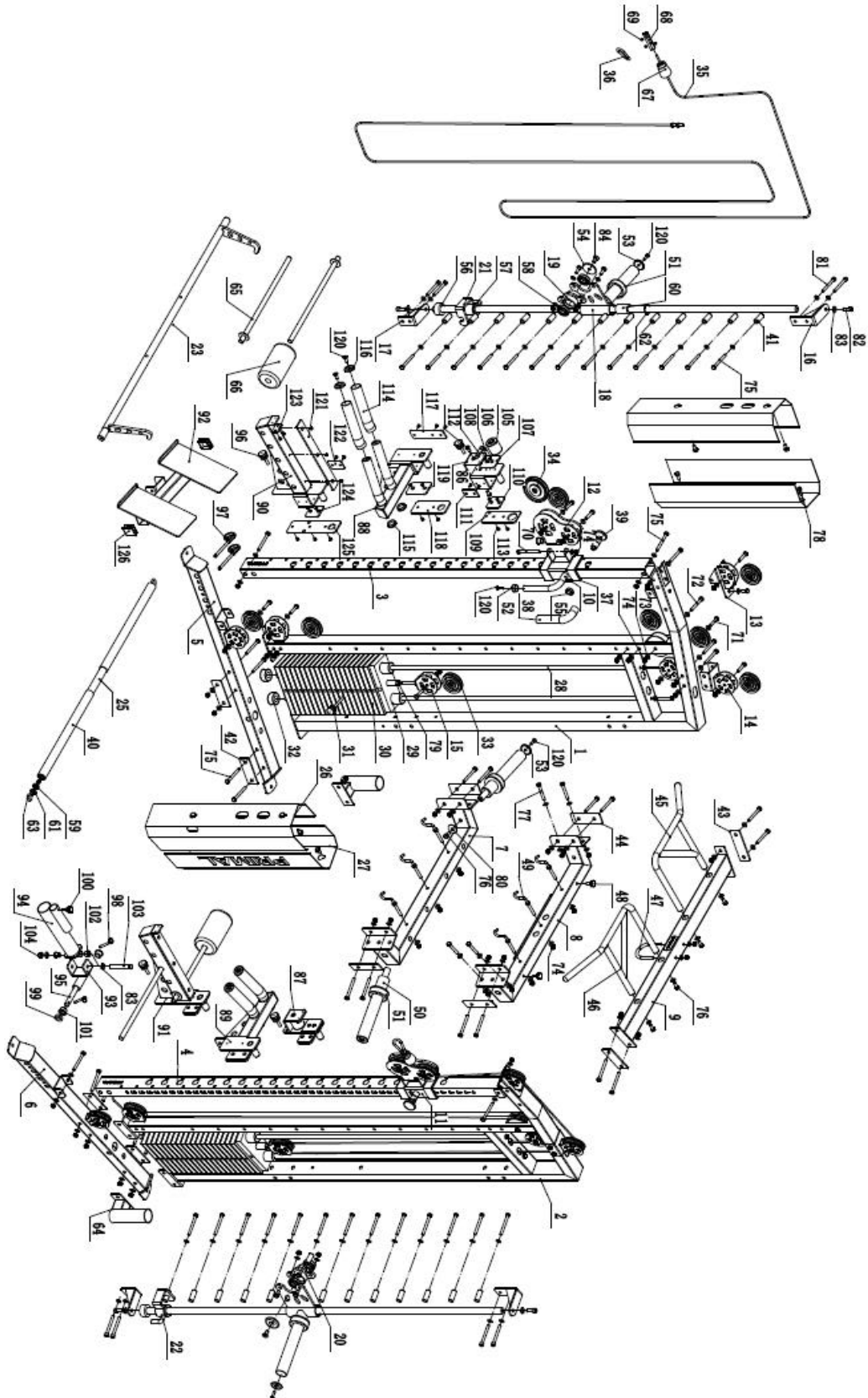
PRIMAL[®]

Primal Personal Series Multi Rack System MRX7.0 PSPR2006



www.primalstrength.com

EXPLORE DRAWING



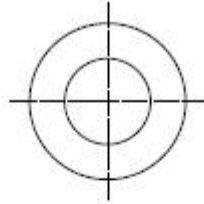
PART LIST

PART NO	PART NAME	Q'TY
1	LEFT MAIN FRAME	1
2	RIGHT MAIN FRAME	1
3	LEFT ADJUST TUBE	1
4	RIGHT ADJUST TUBE	1
5	LEFT FOOT RACK	1
6	RIGHT FOOT RACK	1
7	REAR LOW CONNECT FRAME	1
8	REAR UP CONNECT FRAME	1
9	FRONT UP CONNECT FRAME	1
10	LEFT ADJUST RACK	1
11	RIGHT ADJUST RACK	1
12	MOVABLE PULLEY FRAME	2
13	FRONT UP PULLEY RACK	2
14	REAR UP PULLEY RACK	2
15	MOVING PULLEY FRAME	2
16	SIDE GUIDE BAR UP FIX FRAME	2
17	SIDE GUIDE BAR DOWN FIX FRAME	2
18	BARBELL SLIDING RACK	2
19	BARBELL BAR LEFT FIX BASE	1
20	BARBELL BAR RIGHT FIX BASE	1
21	LEFT SAFETY FRAME	1
22	RIGHT SAFETY FRAME	1
23	BARBELL BAR	1
24	GUIDE ROD	2
25	GYMNASTICS POLE	1
26	WEIGHT STACK BOX COVER A	2
27	WEIGHT STACK BOX COVER B	2
28	GUIDE ROD	4
29	TOP PLATE	2
30	WEIGHT STACK PLATE	38
31	LONG MAGNETIC LATCH	2
32	SHOCK BLOCK	4
33	ALUMINUM PULLEY $\Phi 90$	16
34	ALUMINUM PULLEY $\Phi 114$	2
35	ROPE	2
36	HOIST HOOK	2
37	REDUCER BUSHING	4
38	HANDLE SLEEVE	2
39	PULL FORELOCK ASSEMBLY	2
40	HANDLE SLEEVE	2

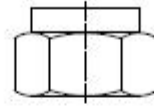
41	HANGING SHAFT	25
42	1309050 STRAIGHT BOARD	4
43	15011050 STRAIGHT BOARD	2
44	1508050 STRAIGHT BOARD	4
45	PULL UP LEFT HANDLE	1
46	PULL UP RIGHT HANDLE	1
47	47 U-SHAPED HOOK	1
48	ADJUST HEIGHT MAT	2
49	M10 HOOK	6
50	WEIGHT PLATE HOLDER	2
51	BARBELL SHEATH	2
52	ALUMINUM END CAP Φ 25	2
53	ALUMINUM END CAP Φ 48	4
54	ALUMINUM END CAP Φ 60	2
55	ALUMINUM RING Φ 25	2
56	SHOCK PAD Φ 25	2
57	NYLON BUSHING Φ 25	2
58	DEEP GROOVE BALL BEARING 60-28ZZ	4
59	DEEP GROOVE BALL BEARING 6000ZZ	2
60	LINEAR BEARING LM25UU	4
61	STOP RING FOR HOLE Φ 26	2
62	STOP RING FOR HOLE Φ 40	4
63	LIFTING RING BOLT M10	2
64	CASING RACK	2
65	STRETCH ROPE HANGING ROD	4
66	ROUND PAD	2
67	HEX LOCK SLEEVE	2
68	HEX LOCKING BAR	2
69	M8*10 FASTEN SCREW	6
70	M10*105 HEX BOLT	2
71	M10*50 HEX BOLT	16
72	M10*85 HEX BOLT	2
73	Ø10 WASHER	197
74	M10 NYLON NUT	88
75	M10*95 HEX BOLT	56
76	M10*25 HEX BOLT	9
77	M10*70 HEX BOLT	12
78	M10*20 FLANGE BOLT	8
79	M16 HEX NUT	2
80	Ø10 BIG WASHER	2
81	M10*90 COLUMN HEAD BOLT	8
82	M12*25 COLUMN HEAD BOLT	4
83	Ø12 WASHER	4

84	M12*25 COUNTERSUNK HEAD SCREW	2
85	M10*35 COLUMN HEAD BOLT	4
86	LEFT BARBELL BAR HOOK	1
87	RIGHT BARBELL BAR HOOK	1
88	LEFT HANDLE SUPPORT FRAME	1
89	RIGHT HANDLE SUPPORT FRAME	1
90	LEFT EXTENSION ARM	1
91	RIGHT EXTENSION ARM	1
92	PEDAL RACK	1
93	ROTATING SLEEVE	1
94	LANDMINE RACK	1
95	LONG LATCH	1
96	SHORT MAGNETIC LATCH	4
97	P LATCH	2
98	D LATCH	2
99	NYLON WASHER	1
100	M8 X 20 PLUM BOLT	1
101	Φ 32 POWDER METALLURGY SLEEVE	2
102	Φ 25 POWDER METALLURGY SLEEVE	2
103	M12*105 HEX BOLT	1
104	M12 LOCK NUT	1
105	NYLON WHEEL	2
106	SUPPORT SLEEVE	2
107	HOOK PLASTIC PLATE 1	2
108	HOOK PLASTIC PLATE 2	2
109	HOOK PLASTIC PLATE 3	2
110	HOOK PLASTIC PLATE 4	2
111	HOOK PLASTIC PLATE 5	2
112	M10*20 FLAT HEAD BOLT	4
113	M6*10 COUNTERSUNK HEAD SCREW	58
114	HANDLE SLEEVE	4
115	ROUND PIPE PLUG	4
116	ALUMINUM END CAP	4
117	HANDLE SUPPORT FRAME PLASTIC PLATE 1	2
118	HANDLE SUPPORT FRAME PLASTIC PLATE 2	2
119	HANDLE SUPPORT FRAME PLASTIC PLATE 3	2
120	M8*30 COUNTERSUNK HEAD SCREW	10
121	STRETCHER ARM PLASTIC PLATE 1	2
122	STRETCHER ARM PLASTIC PLATE 2	2
123	STRETCHER ARM PLASTIC PLATE 3	2
124	STRETCHER ARM PLASTIC PLATE 4	2
125	STRETCHER ARM PLASTIC PLATE 5	2
126	SQUARE PIPE PLUG	2

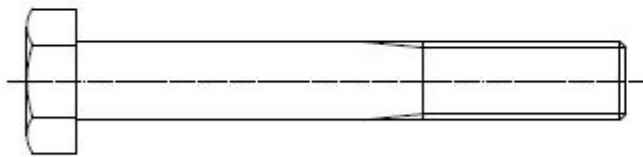
HARDWARE LIST 1



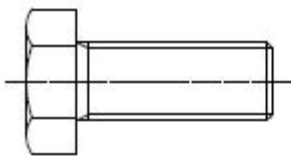
#73 $\varnothing 10$ (108 PCS)



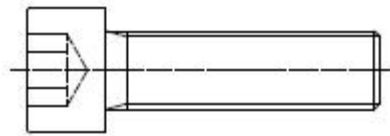
#74 M10 (50 PCS)



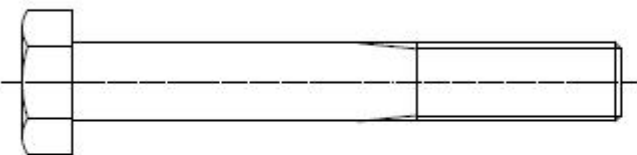
#75 M10x95 (30 PCS)



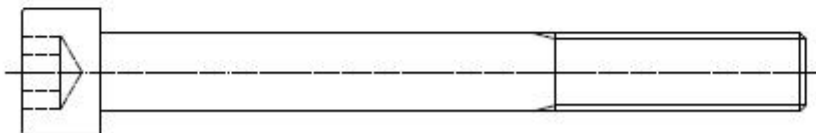
#76 M10x25 (6 PCS)



#85 M10x35 (4 PCS)

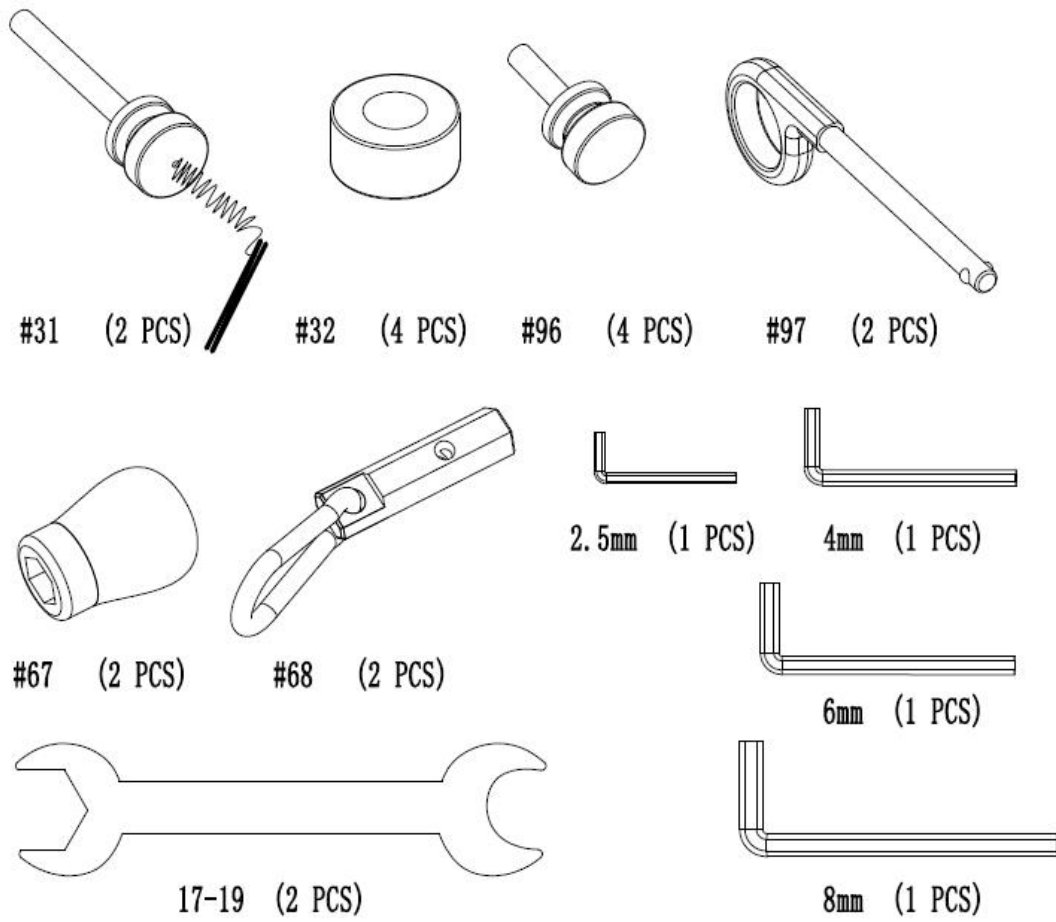


#77 M10x70 (12 PCS)

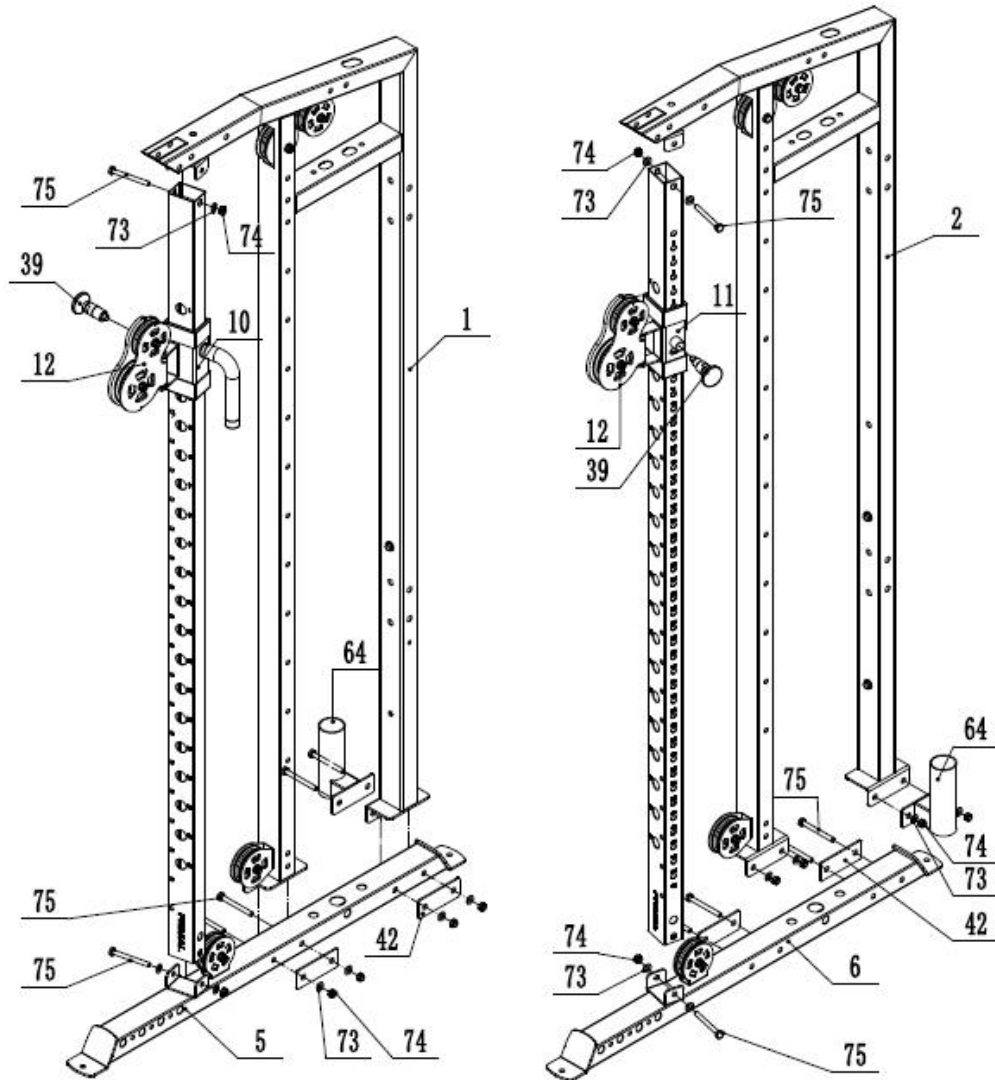


#81 M10x90 (8 PCS)

HARDWARE LIST 2

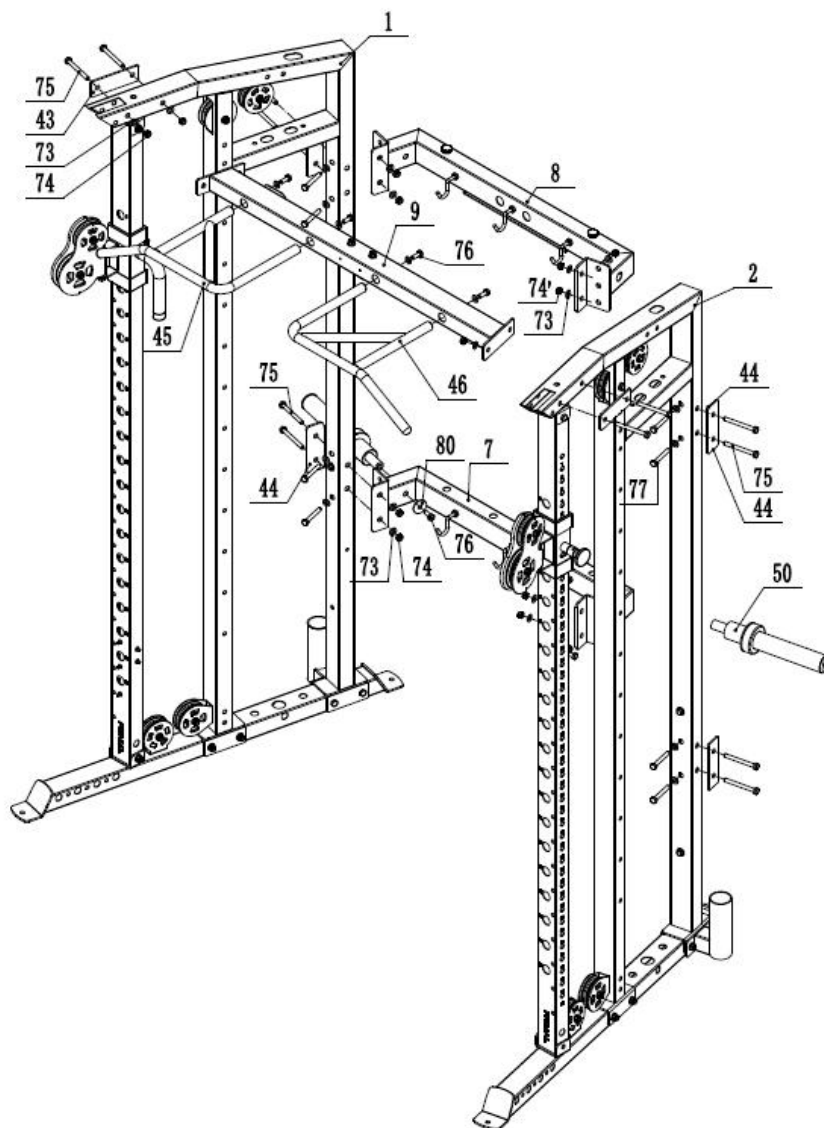


ASSEMBLING INSTRUCTIONS



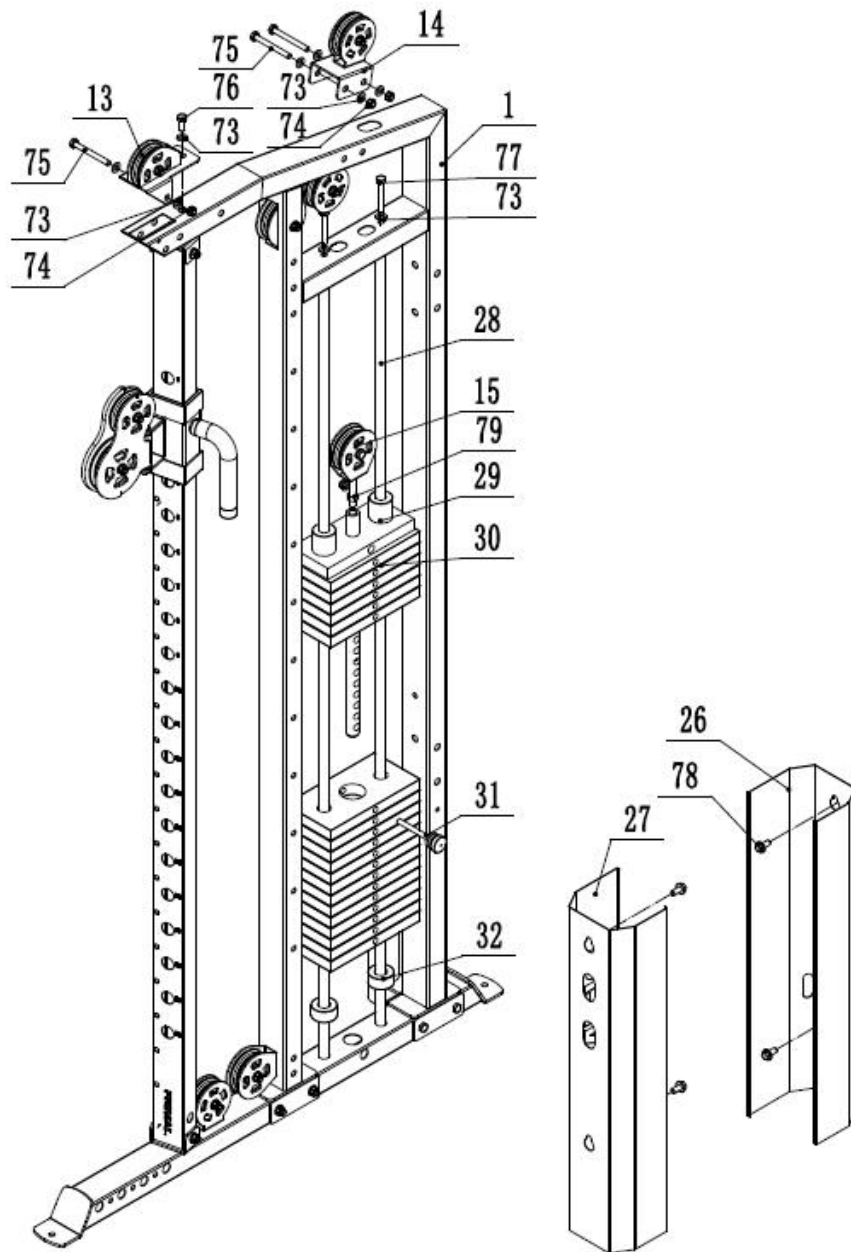
STEP 1

Fix LEFT MAIN FRAME 1, RIGHT MAIN FRAME 2, LEFT ADJUST TUBE 3, RIGHT ADJUST TUBE 4 and RIGHT ADJUST TUBE 64 to LEFT FOOT RACK 5 and RIGHT FOOT RACK 6 with M10*95MM BOLT 75 and Ø10 Washer 73, M10 NYLON NUT 74.



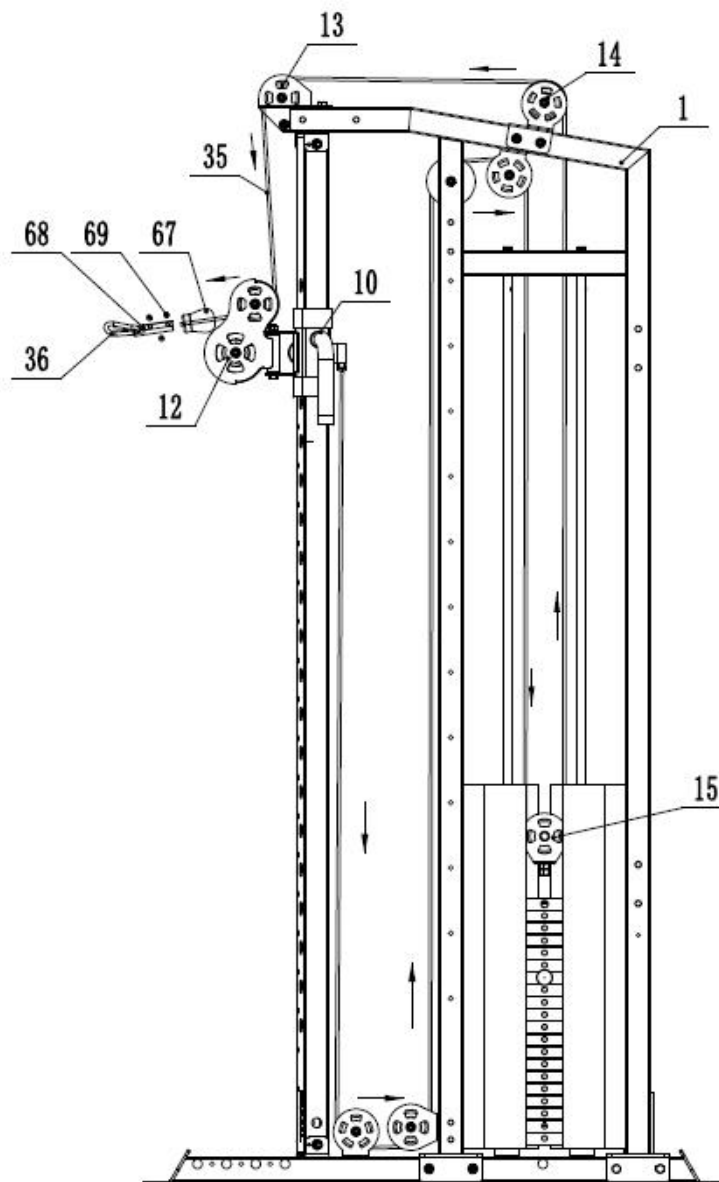
STEP 2

1. Fix REAR LOW CONNECT FRAME 7 to LEFT MAIN FRAME 1, RIGHT MAIN FRAME 2 with 1508050 STRAIGHT BOARD 44, M10*95MM BOLT 75 and Ø10 Washer 73, M10 NYLON NUT 74.
 2. Fix WEIGHT PLATE HOLDER 50 to LEFT MAIN FRAME 1, RIGHT MAIN FRAME 2 with M10*25 HEX BOLT 76 and Ø10 BIG WASHER 80.
 3. Fix REAR UP CONNECT FRAME 8 to LEFT MAIN FRAME 1, RIGHT MAIN FRAME 2 with 1508050 STRAIGHT BOARD 44, M10*95MM BOLT 75 and Ø10 Washer 73, M10 NYLON NUT 74.
 4. Fix FRONT UP CONNECT FRAME 9 to LEFT MAIN FRAME 1, RIGHT MAIN FRAME 2 with 1508050 STRAIGHT BOARD 44, M10*95MM BOLT 75 and Ø10 Washer 73, M10 NYLON NUT 74.
- Fix PULL UP RIGHT HANDLE 46 to FRONT UP CONNECT FRAME 9 with M10*25MM BOLT 76 and Ø10 Washer 73.



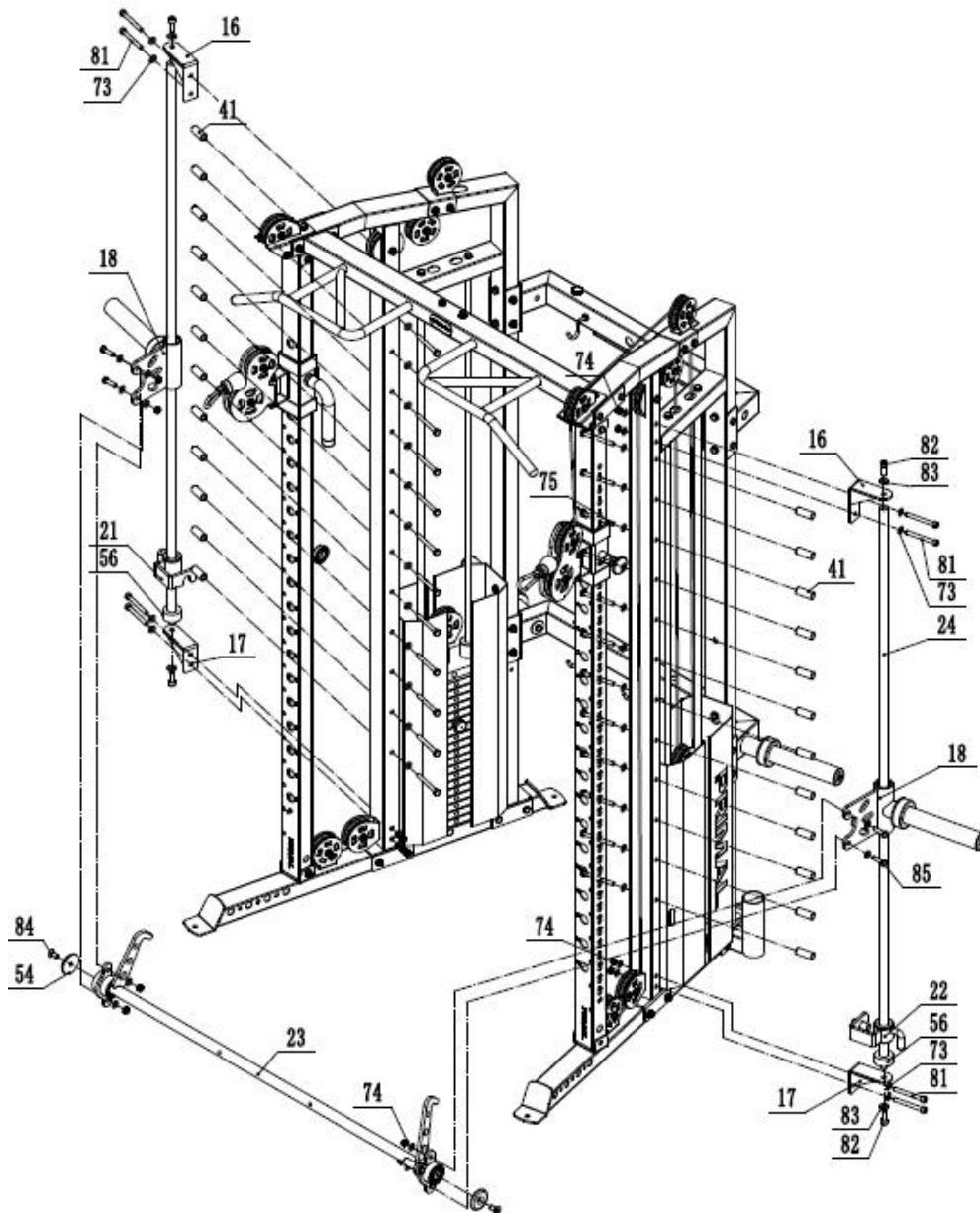
STEP 3

1. Insert Guide rod 28 and SHOCK BLOCK 32 to LEFT MAIN FRAME 1, RIGHT MAIN FRAME 2, then fix Weight stack plate 30 and Top plate 29 to Guide rod 28.
2. Fix up side of Guide rod 28 to Left main frame 1 and Right main frame 2 with Ø10 WASHER 73 and M10 * 70mm Hex bolt 77.
3. Fix MOVING PULLEY FRAME 15 to Top plate 29.
4. Fix FRONT UP PULLEY RACK 13 and REAR UP PULLEY RACK 14 to LEFT MAIN FRAME 1, RIGHT MAIN FRAME 2 with M10*25 HEX BOLT 76, M10*95MM BOLT 75 and Ø10 Washer 73, M10 NYLON NUT 74.
5. Fix WEIGHT STACK BOX COVER 26&27 to LEFT MAIN FRAME 1, RIGHT MAIN FRAME 2 with M10*20 FLANGE BOLT 78.



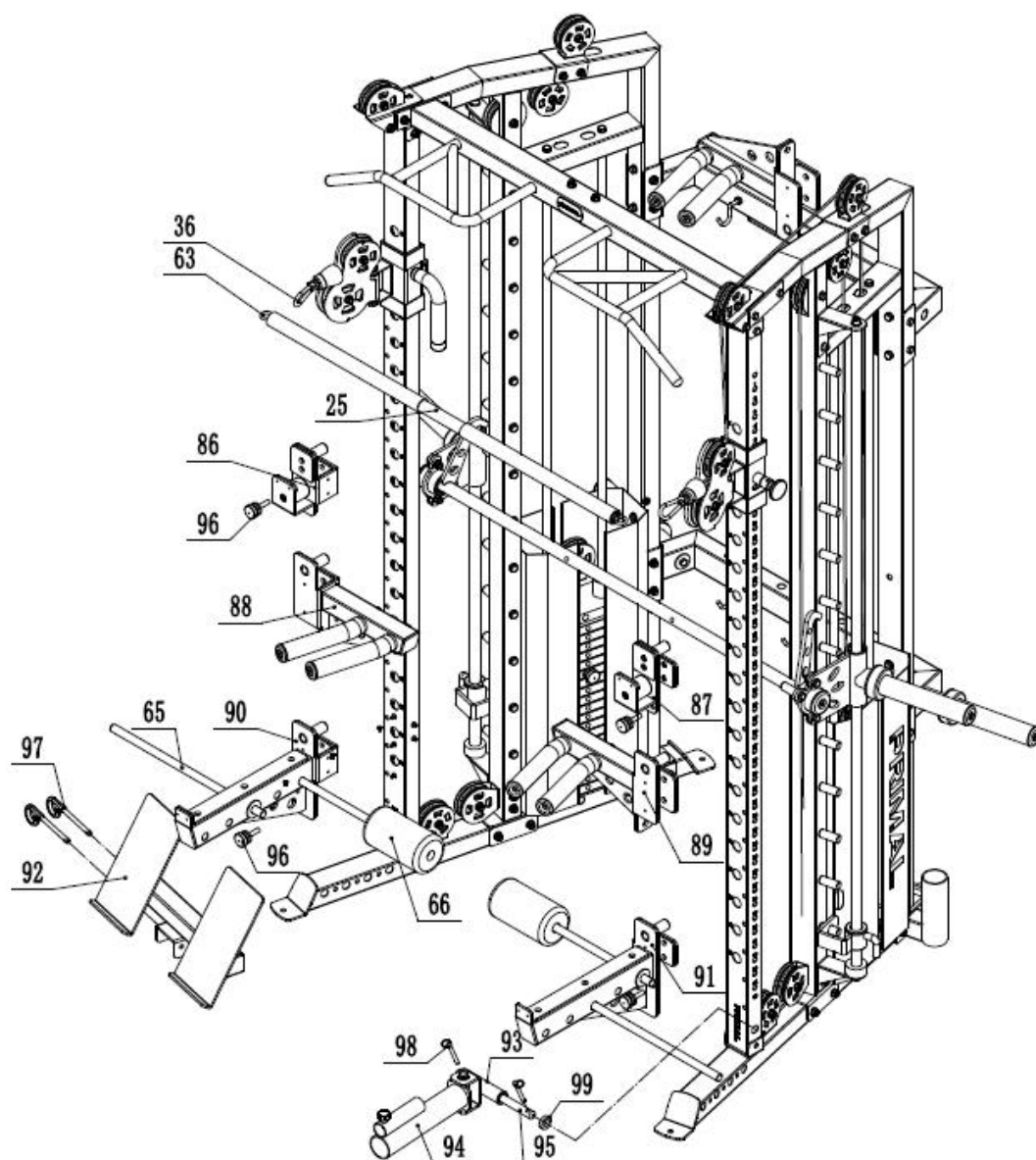
STEP 4

1. Rope goes as shown above.
2. Fixed HEX LOCK SLEEVE 68 and HEX LOCKING BAR 67 to Rope with M8*10 FASTEN SCREW 69.
3. Fix HOIST HOOK 36 to HEX LOCK SLEEVE 68.



STEP 5

1. Fix SIDE GUIDE BAR UP FIX FRAME 16 and SIDE GUIDE BAR DOWN FIX FRAME 17 to LEFT MAIN FRAME 1, RIGHT MAIN FRAME 2 with Ø10 WASHER 73, M10*90 COLUMN HEAD BOLT 81 and M10 NYLON NUT 74.
2. Fix HANGING SHAFT 41 to Left main frame1 and Right main frame2 with Ø10 WASHER 73, M10*95 COLUMN HEAD BOLT 75.
3. Fix GUIDE ROD 24 to SIDE GUIDE BAR UP FIX FRAME 16 and SIDE GUIDE BAR DOWN FIX FRAME 17 with M12*25 COLUMN HEAD BOLT 82, Ø12 WASHER 83.
4. Fix BARBELL BAR 23 to BARBELL SLIDING RACK 18 with M10*95 HEX BOLT 75, M12*25 COUNTERSUNK HEAD SCREW 84, M10*35 COLUMN HEAD BOLT 85.



STEP 6

Fix ACCESSORIES as necessary.