

Vital Signs

Purpose	Record and maintain a client's height, weight, pulse, blood pressure, temperature, and BMI.
Who should do this	CAREWare users responsible for entering or updating clinical information in a client record.
Use this guide when you need to	Add a new vital signs record or edit an existing record.
Main warning	BMI is calculated automatically from height and weight and is recalculated when either value changes.

Quick path

Find Client > open a client record > Vital Signs > Add or select a record and click View > Edit

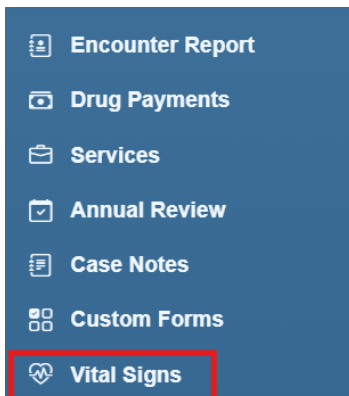
What Vital Signs tracks

The Vital Signs tab in client records includes fields for tracking:

- Height (in.)
- Weight (lbs.)
- Pulse (bpm)
- BP Systolic (mm Hg)
- BP Diastolic (mm Hg)
- Temperature (°F)
- BMI (kg/m²) – automatically calculated based on height and weight

Add vital signs to a client record

Step 1. Click Vital Signs.



Step 2. Click Add.

[View](#)[Add](#)[Delete](#)[Help](#)[Print or Export](#)

Column visibility ▾

Copy

Vital Signs

earch:

<<

<

>

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100 ▾

entries per page

Date

Height (in.)

Weight (lbs.)

Pulse

Vital Signs Menu Options

Button	What it does
View	View an existing vital signs record.
Add	Add a new vital signs record.
Delete	Delete an existing vital signs record.
Help	Access the Knowledge Base article for vital signs.
Print or Export	Print or export the list of vital signs records.
Column Visibility	Hide or show columns in the list of vital signs records.

Step 3. Complete the fields for vital signs.

[Save](#)[Back](#)

Vital Signs

Date *: 07/29/2026 07:23 PM

Height: in.

Weight: lbs.

Pulse: bpm

BP Systolic: mm Hg

BP Diastolic: mm Hg

Temperature: °F

Step 4. Click Save.

Save Back

Vital Signs

Date *: 07/29/2026 07:23 PM 

Height: 56 in.

Weight: 146 lbs.

Pulse: 103 bpm

BP Systolic: 120 mm Hg

BP Diastolic: 85 mm Hg

Temperature: 98.6 °F

Note: If height and/or weight are edited, BMI is automatically recalculated based on the new values.

How to confirm it worked

- The expected client record shows in the list of vital signs records.
- BMI auto-calculates when height and weight are entered

Troubleshooting and common questions

Why does BMI not auto-calculate?

Verify that height and weight are entered.

Does the record need to include all the vital sign values?

Users can add one or more vital signs in a record.