MEDNEFITS HEALTH SCREENING

DURATION: NOW - 31 DECEMBER 2021

REGISTER FOR HEALTH SCREENING

Click **HERE** to register for your health screening appointment.

YOUR PACKAGE INCLUDES:

- Blood Glucose
- Full Cholesterol (Lipid) Profile
- Height & weight measurement
- Body Mass Index
- Blood Pressure Measurement



THINGS TO DO BEFORE HEALTH SCREENING:

- NO Food at least 8 hours before the health screening. Only plain water is allowed.
- If you are diabetic and on food restriction, please omit your anti- diabetic drugs for the morning.
- If you are on prescribed medication, please continue your medication as directed by your doctor.

DOWNLOAD HEARTVOICE APP



GET INSTANT INSIGHTS

During Health Screening get your health readings directly in the HeartVoice App:

- Blood Pressure & Heart Rate
- BMI
- Body Fat & Skeletal Muscle
- Visceral Fat, Body Age and more!

We believe in the possibility of a world with ZERO heart attack and ZERO stroke.

It is this hope that drives us to create GEN Zero - a generation not defined by age, but by their desire to live longer and healthier.

ARE YOU READY TO BE A PART OF GEN ZERO?

